

产品详述 INDIVIDUAL PRODUCT DETAILS

AE8034 多功能侧平举训练机 MULTI FLIGHT



1. 产品卡 Identity Card

型号 (Model)	AE8034
中文名 (Chinese Name)	多功能侧平举训练机
英文名 (English Name)	MULTI FLIGHT
主要肌肉 (Primary Muscle)	三角肌中束 (Lateral Deltoid), 胸大肌 (Pectoralis Major)
次要肌肉 (Secondary Muscles)	三角肌前束 (Anterior Deltoid), 三角肌后束 (Rear Deltoid)
一句话点评 (One-line Pitch)	“一机多模式兼顾肩胸肌群训练，多重可调结构带来人性化训练体验。” "Multi-functional machine for deltoid & chest training with versatile adjustments."

2. 产品综述

AE8034 是一款为三角肌和胸大肌打造的插片式专业力量训练设备，外观呈现精工美学，结构紧凑，以雕塑感线条成就空间与力量的双重效率。

设备支持四种训练模式，全面激活三角肌前、中、后束和胸大肌下沿肌肉。

动臂高度14档可调，全面匹配不同身高用户和不同动作转点高度需求。动臂角度14档调节，满足不同动作轨迹需求。

创新性增设可调节腕垫，为手腕提供支撑，减小三角肌训练时握力需求，提升动作孤立性和训练感受，同时可调节结构可在夹胸时让出手腕空间，保证器械使用体验。

下方加设宽大防滑脚踏，提升动作稳定性，确保训练效果。

2. Product Overview

AE8034 is a selectorized professional strength machine engineered for the deltoids and pectoralis major. Boasting exquisite craftsmanship aesthetics and a compact frame, its sculpted contours deliver optimal space efficiency and training performance.

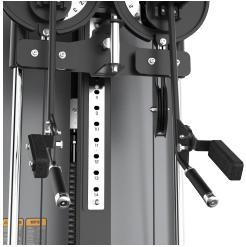
This unit supports four training modes to fully activate the anterior, lateral and posterior deltoids, as well as the lower pectoralis major.

The arm height features 14-position adjustment to accommodate users of varying heights and meet varied pivot height requirements for different movements. The arm angle is also adjustable across 14 positions to cater to diverse motion paths.

An innovatively designed adjustable wrist pad offers wrist support, reducing grip tension during deltoid workouts for improved muscle isolation and enhanced training sensation. Meanwhile, its adjustable configuration frees up wrist clearance during chest fly movements to guarantee superior usability.

A wide anti-slip foot platform at the bottom enhances body stability throughout movements and maximizes training effectiveness.

3. 产品特点 | Key Features

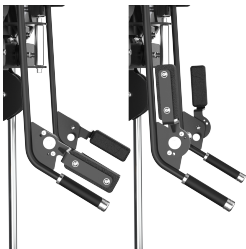


高度可调解转点

14档可调档位，全面适配不同身高和不同动作转点高度需求。采用机械平衡配重替代气动支撑，消除气缸老化泄漏风险，全程阻尼线性均匀。

Adjustable pivot height

14-position adjustment accommodates users of various heights and meets pivot height requirements for different movements. Mechanical counterbalance system instead of gas springs – no aging leakage, fully linear damping across the full range.

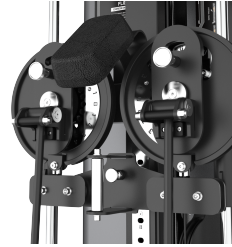


可调节腕垫

三角肌训练时减小抓握压力，增强孤立性，同时不妨碍夹胸动作。

Adjustable Wrist Pads

Less grip strain for superior deltoid isolation, without interfering with chest fly exercise.



大范围动臂角度调节

14档超大角度调节范围，满足不同动作和不同训练模式轨迹需求。

Wide-range adjustable arm angle

Boasting a 14-position wide angle adjustment range, it satisfies diverse trajectory requirements across different exercises and training modes.



宽大防滑脚踏

提升动作稳定性，确保训练效果和训练安全。

Wide Anti-Slip Foot Platform

Improve movement stability to secure training effectiveness and operational safety.

4.主要参数

功能分类 Functional	多功能 Multi-functional
产品尺寸（长x宽x高） Dimensions (L × W × H)	1470×1000×1980mm 58"×39"×78"
产品净重 Net Weight	293kg/646lbs（预估）
产品标准配重 Weight Stack Options	100kg/221lbs
产品最大配重 Maximum Weight Stack	125kg/275lbs
可承载最大人体重量 Maximum body weight	150kg/331lbs
整机滑轮比 Machine pulley ratio	1:1
主框架管材 Main Frame Tubing	J50×150×3.0mm、J50×150×2.5mm
动臂管材 Arm Tubing	Φ20圆钢